



NOVEMBER

1	2	3	4		6
Rice	Custard	Tinned Fruit	Long Life Fruit Juice	Tinned Vegetables	Pot Noodle
7		9	10		12
Pulses	Tinned Cold Meat	Jam	Pasta Sauce	Rice	Cereal
13	14	15	16	17	18
Rice Pudding	Custard	Cereal	Chocolate	Coffee	Microwave Pasta
19	20	21	22	23	24
Snacks	Pasta Sauce	Jam	Long Life Fruit Juice	Tinned Fruit	Festive Treat

Registered Charity in Scotland (SC043220) <u>www.edinburghnw.foodbank.org.uk</u> // 0131 444 0030 @edinfoodproject Please donate your items by 30th of November Unit 12 New Lairdship Yards, EH11 3UY